

Behavioral Risk Factor Surveillance System

Selected Vermont Year 2010 Health Objective - National & Vermont Goals

Significantly BETTER than the Objective's Target is in **bold**

All values are age adjusted to year 2000 standard population.*

Explanations of each objective start on page 3 below

US Data are White, non-Hispanic

01-Access to Quality Health Services		Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Health Insurance Coverage	18-64	88.3	86.5	86.1	87.9	85.9	84.9	86.1	85.3	86.3	86.0	86.4	86.2	86.8	86.7	86.7	87.5	86.2	89.4	86.1	100%	2.1	
Specific Source of Ongoing Primary Care	18+	--	84.4	84.7	86.9	82.5	85.1	83.1	87.0	83.2	87.1	83.7	85.6	83.2	88.0	83.8	86.0	83.9	88.9	84.1	96%	5.2	
02-Arthritis, Osteoporosis, and Chronic Back Conditions		Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Limitation in Activities Due to Arthritis**	18+	--	--	33.3	41.1	35.7	--	--	31.7	34.8	--		36.8	35.8	--		45.0	43.4	--	--	21%	4.1	
03-Cancer		Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Pap Smear, Within Past 3 Years	Women 18+	85.9	--	86.9	86.2	--	84.3	82.8	82.7	--	82.7	80.9	--	--	82.1	79.1	--	--	77.8	77.7	90%	5.2	
Fecal Occult Blood Test, Within Past 2 Years	50+	--	43.4	42.3	--	--	32.0	28.8	--	--	26.9	25.7	26.1	--	21.4	22.7	--	--	16.5	18.6	50%	2.2	
Ever Had Sigmoidoscopy or Colonoscopy	50+	--	49.6	53.5	--	--	59.3	56.5	--	--	65.6	61.8	69.0	--	70.4	65.7	--	--	73.8	68.7	50%	2.2	
Mammogram, Within Past Two Years	Women 40+	77.4	--	76.7	77.3	--	74.8	74.9	77.2	--	79.0	76.5	--	--	79.7	76.6	--	--	77.2	74.9	70%	4.2	
05-Persons with Diabetes		Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Prevalence of Diabetes	18+	4.4	5.1	5.7	5.5	6.3	5.1	6.1	5.6	6.4	5.4	6.6	6.4	7.0	5.8	7.0	5.5	7.2	6.0	7.3	2.5%	5.1	
Diabetes Education	18+	45.3	57.8	52.1	52.0	--	56.6	--	55.6	--	45.1	--	63.7	--	57.6	--	52.3	--	51.1	--	60%	3.1	
Diabetes A1C Test Twice a Year	18+	57.5	80.6	74.5	74.6	--	75.8	--	78.1	--	69.6	--	61.0	--	76.5	--	78.7	--	76.8	--	80%	3.1	
Diabetes & Annual Eye Exams	18+	68.2	66.9	69.9	57.3	--	64.0	--	72.4	--	68.4	--	70.2	--	68.1	--	62.5	--	51.4	--	75%	3.1	
Diabetes & Annual Foot Exams	18+	59.9	74.9	68.7	70.9	--	66.9	--	75.2	--	78.9	--	82.6	--	81.1	--	73.8	--	82.9	--	80%	3.1	
Diabetes & Daily Glucose Test	18+	53.4	51.1	51.1	60.9	--	59.2	--	59.1	--	74.3	--	70.9	--	65.1	--	62.9	--	64.4	--	60%	3.1	

06-Disability and Secondary Conditions	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Disabled & Sufficient Emotional Support	18+	--	69.3	69.3	69.2	--	72.9	--	72.4	71.5	70.4	73.0	72.1	70.2	75.8	73.1	63.1	70.7	71.0	73.4	79%	4.1
12-Heart Disease and Stroke	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Cholesterol Screening	18+	--	75.4	--	75.4	74.5	--	--	74.2	74.6	--	--	74.2	76.4	--	--	75.1	77.4	--	--	80%	5.2
14-Immunizations and Infections Diseases	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Influenza Immunization in Last 12 Months	65+	64.5	72.3	74.5	73.9	71.8	66.5	70.2	66.3	65.9	72.7	70.2	74.6	72.9	73.4	72.0	72.1	71.1	71.7	69.3	90%	2.3
Ever had Pneumonia Vaccine	65+	66.3	68.1	67.3	65.7	66.9	65.6	66.7	66.6	67.0	66.8	68.6	69.7	69.1	70.3	68.8	71.9	69.9	73.1	70.5	90%	2.3
15-Injury and Violence Prevention	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Always Use Safety Belts While Driving	18+	--	--	76.3	--	--	--	--	--	78.6	81.2	80.3	--	81.6	83.7	--	--	83.8	85.3	92%	5.2	
Homes with Loaded & Unlocked Firearms	18+	--	--	2.4	--	--	2.5	--	--	--	--	--	--	--	--	--	--	--	--	--	16%	5.2
16-Maternal, Infant, & Child Health	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Folic Acid***	Women 18-44	--	--	--	--	--	44.5	--	--	38.9	--	--	39.9	--	40.2	--	--	--	--	--	80%	n/a
19-Nutrition and Overweight	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Obesity	20+	18.4	18.0	19.1	19.7	20.9	19.1	21.4	20.6	22.7	21.3	23.2	22.1	24.6	23.9	25.0	23.8	25.4	24.6	25.6	15%	3.2
Food Security	18+	--	89.9	91.9	90.7	--	90.8	--	--	91.4	--	--	--	--	--	--	--	--	--	--	94%	5.2
Nutrition - 2 or more Fruits per Day	18+	40.1	--	39.8	41.7	30.3	--	--	39.2	30.9	--	--	38.8	31.1	--	--	38.8	30.7	--	--	75%	5.2
3 or More Vegetables per Day	18+	30.2	--	29.6	32.7	27.6	--	--	30.2	28.6	--	--	32.4	28.8	--	--	30.3	27.6	--	--	50%	5.2
5 A Day Fruits and Vegetables	18+	28.7	--	29.1	32.5	23.2	--	--	30.8	24.3	--	--	30.0	24.6	--	--	29.3	23.8	--	--	n/a	n/a

21-Oral Health	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
No Permanent Teeth Extracted	18+	53.4	--	56.2	--	--	57.2	58.4	--	--	57.5	58.7	--	--	57.1	59.5	--	--	58.3	60.2	42%	5.2
Extraction of All Natural Teeth	65+	26.7	--	21.7	--	--	21.2	19.4	--	--	19.6	18.3	--	--	19.8	16.9	--	--	17.6	15.6	20%	2.3
22-Physical Activity and Fitness	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
No Leisure Time Physical Activity	18+	23.2	20.5	18.1	18.5	20.9	18.0	20.0	18.9	21.4	17.5	20.2	18.0	20.4	19.0	22.2	19.7	21.5	17.4	21.6	20%	5.2
Regular, Moderate Physical Activity	18+	--	42.8	--	44.3	37.2	--	--	46.6	38.7	46.9	--	46.3	40.2	--	--	46.4	40.4	--	--	50%	5.2
Regular, Vigorous Physical Activity	18+	--	30.6	--	32.5	27.5	--	--	33.2	29.3	36.8	--	33.8	29.7	--	--	35.1	30.5	--	--	30%	5.2
26-Substance Abuse	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Binge Drinking, During the Past Month	18+	--	15.8	17.2	17.8	17.5	16.8	16.4	16.5	15.6	17.5	17.0	17.3	17.3	18.7	17.1	18.2	17.4	18.4	17.1	6%	5.2
27-Tobacco Use	Age Gender	VT 2000	VT 2001	VT 2002	VT 2003	US 2003	VT 2004	US 2004	VT 2005	US 2005	VT 2006	US 2006	VT 2007	US 2007	VT 2008	US 2008	VT 2009	US 2009	VT 2010	US 2010	2010 Target	Age Stndrd
Cigarette Smoking	18+	21.4	22.4	21.5	19.8	23.4	20.2	22.0	19.6	21.6	18.4	20.5	18.1	20.4	17.2	19.3	18.0	18.8	16.2	18.1	12%	5.2
Smoking Cessation Attempts (All Current smokers)	18+	--	52.8	53.3	48.2	49.3	58.0	50.1	53.3	51.8	53.4	53.1	55.3	53.9	57.5	54.7	58.6	55.9	61.8	55.7	75%	5.2

*Age groups used for age standardizations

2.1 18-44, 45-64

2.2 50-64, 65+

2.3 65-74, 75+

3.1 18-44, 45-64, 65+

3.2 20-39, 40-59, 60+

4.1 18-44, 45-64, 65-74, 75+

4.2 40-49, 50-64, 65-74, 75+

5.1 18-44, 45-54, 55-64, 65-74, 75+

5.2 18-24, 25-34, 35-44, 45-64, 65+

Health People 2010 not collected via BRFSS

04-Chronic Kidney Disease

07-Educational and Community-Based Programs

08-Environmental Health

09-Family Planning

10-Food Safety

11-Health Communication

17-Medical Product Safety

18-Mental Health and Mental Disorders

20-Occupational Safety and Health

23-Public Health Infrastructure

24-Respiratory Diseases

25-Sexually Transmitted Diseases

28-Vision and Hearing

**Data are different than in years past. The population asked the question in 2009 was different than in years past. All data were revised to ensure comparability.

Questions used to assess arthritis were changed in 2002; results from 2000 and 2001 are excluded.

***Data are different than in years past. The algorithm used to calculate the proportion of 18-44 women who take Folic Acid regularly was adjusted.